

Centering Prayer Workshop

Saturday, January 14, 2012 – 9:00 a.m. to 3:00 p.m.



Sponsored by Contemplative Outreach of Madison & Trinity United Methodist Church

CENTERING PRAYER INTRODUCTORY WORKSHOP WITH SIX FOLLOW-UP SESSIONS

A way for us to deepen our relationship with God

INTRODUCTORY WORKSHOP

Do you sense a call to be with God in all dimensions of your life? Join us to explore prayer and attentiveness to God's presence and action within us.

The day consists of four conferences and two periods of Centering Prayer. Topics are:

- Prayer as relationship
- Method of Centering Prayer
- Thoughts and Centering Prayer
- Fruits of Centering Prayer & Extending the Benefits into Daily Life

Follow-up session dates (6:00–7:00 p.m.): January 17, 24 & 31, Feb. 7, 14 & 21

REGISTER:

Where: Trinity United Methodist Church, 1123 Vilas Ave. Madison
When: January 14, 2012
Cost: \$5 (workshop only – bring a sack lunch) _____
\$15 Workshop and Lunch (sandwich lunch box provided) _____

Name _____

Street address _____

City/state/zip _____

Phone _____ Email _____

REGISTRATION DEADLINE: Monday, January 9th, 2012

Make checks payable to: Trinity United Methodist Church

Mail to: 1123 Vilas Avenue, Madison, WI - 53715

For more information contact: Trinity UMC: (608) 257-4591 or www.tumcmadison.org

Register online!
tumcmadison.org